



## Our First 25 Years: From Vision to Reality

Rev. Linwood Cook responded when Hurricane Mitch hit Honduras. Yet, the need required more than a short term mission trip. So, in the year 2000, Friends of Barnabas (FOB) was born, with a simple yet powerful mission:

**To empower families in Honduras through healthcare and education.**

# Heal. Educate. Empower.

**2000** 25 years Begins

**2003** Program to Support Children with Extensive Medical Needs Begins

**2004** Barnabas House Opens as a Medical Clinic and Pre & Post-Operative Center

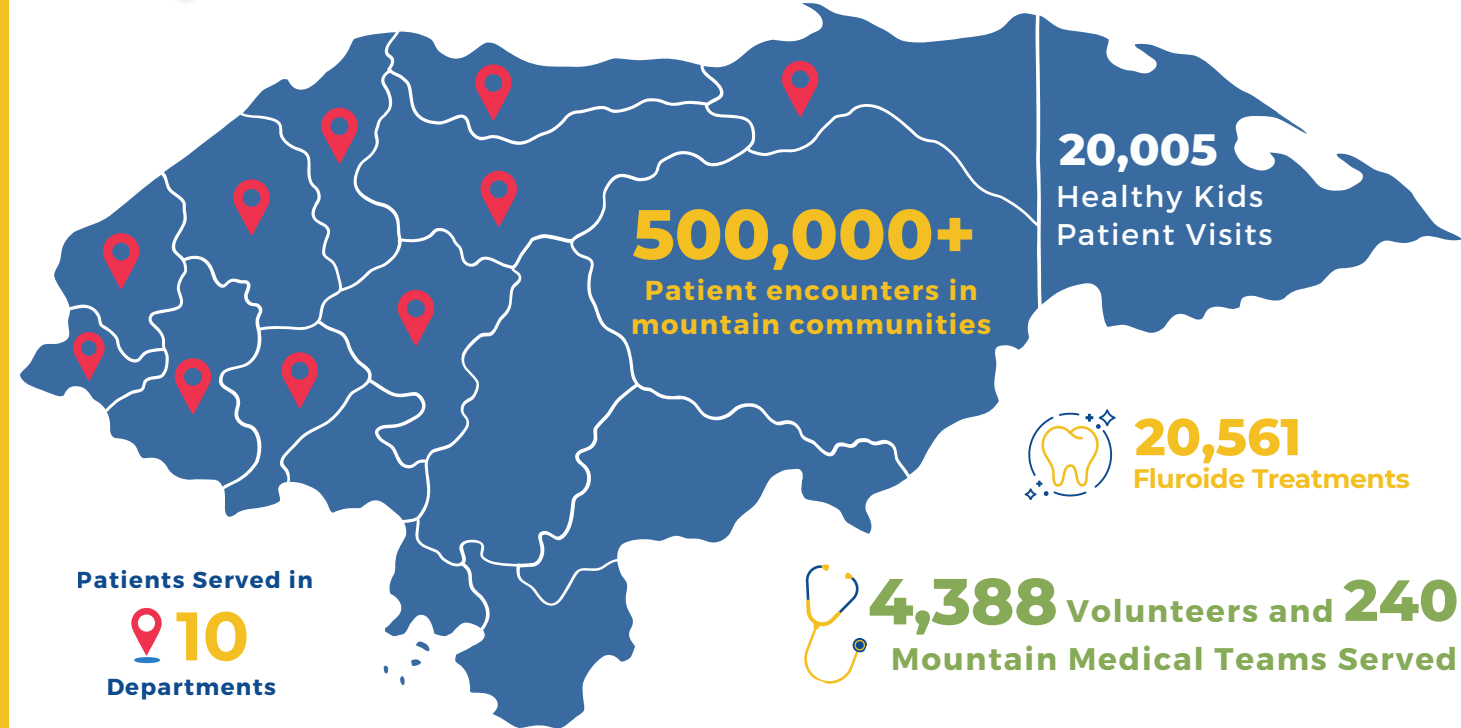
**2005** Alfredo House opens as a dormitory to support volunteer teams

## Teaching Families, Transforming Care

“ We educate parents and community leaders. We empower them. Education is very important and needed in order to advance in life, both as citizens and as parents. Educating parents helps them improve the quality of life for their children. ”



## 25 Years of Impact: By the Numbers



**2006** Little Hearts Project Begins to Bring Sustainable Pediatric Cardiovascular Care to Honduras

**2010** Integration of Education into All Programming

**2015** First Honduran Pediatric Cardiovascular Team Operates Independently

**2020**

- COVID Education & Support
- Hurricane Eta & Iota Disaster Relief & Support

Heal

## When Lifesaving Care Was Out of Reach

Historically, there were no options in Honduras for a child who needed heart surgery.

Friends of Barnabas (FOB) responded by sending surgeons, nurses, and support staff on surgical teams to provide life-saving surgeries.



At the same time, FOB also trained, mentored, and equipped a Honduran surgical team led by Dr. Victor Paz. Dr. Paz became the first pediatric cardiovascular surgeon in Honduras.

This legacy continues sustainably today, with **200** children annually receiving the surgery they need in Honduras.

**2022**

- Electronic Medical Records Incorporated into Mountain Clinics
- Satellite Clinics Begin for Healthy Kids Patients

**2023** Rural Health Agent Training Begins, Empowering Community Members in First Aid

Educate

## The Next 25 Years

For 25 years, Friends of Barnabas has been a part of a journey marked by purpose, perseverance, and hope. I have witnessed firsthand that our work is life-changing and sustainable—reaching children, families, communities, and medical professionals across Honduras.

Today, transformation is increasingly led by Hondurans themselves: parents learning to care for their children, community leaders teaching others, and medical professionals expanding their skills to meet local needs. That is the heart of our mission—empowering people to strengthen their own communities.

In the years to come, we will expand into areas of greater need, but our focus will remain clear: sustainable impact, personalized care, and healthier families. Together, we will continue building a healthier Honduras—one child, one family, one community at a time.

-Erin H. Caldwell, President



Empower

# Healthy

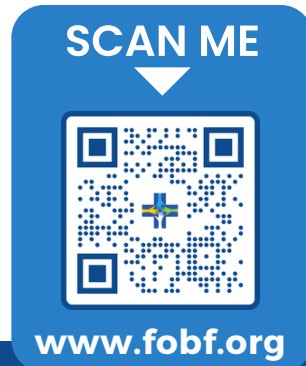
Kids Communities Honduras

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## 2025 Highlights

### Improving Newborn Outcomes



Successful completion of FOB's International Rotary Grant has produced:

- 200+** medical professionals trained in how to stabilize sick infants
- 16** hospitals with trained personnel
- 5,000** infants stabilized by trained medical professionals

“When you are in charge of the care of a sick newborn, you want to feel capable, confident, and worthy of the confidence parents give you when they come in looking for help. That is where the power of the program lies. It creates lasting change by

investing in local expertise and showing Honduran healthcare workers that they are capable of making a difference.”  
-Dra. Candy Ferrera, Honduran Pediatrician and S.T.A.B.L.E. Trainer



## Greenhouse

A newly built greenhouse offers a controlled, year-round environment that not only supplies healthy food for volunteers and patients but also supports rich, hands-on learning opportunities.

## Healthy Kids Small Group Education

Education has always been a core part of the Healthy Kids program, with sessions tailored to a child's diagnosis—such as cardiac or neurological conditions. This year, parent workshops have shifted from large, presentation-style events to smaller group sessions that are interactive and foster peer support among parents.

## Books for Little Learners

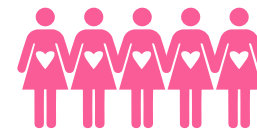
FOB launched a pilot program to provide books to children five and under in our communities.



## Partnerships in Honduras

### Women's Health Day

Honduran groups and businesses donated time, medical services, and food to help make FOB's first Women's Health Fair possible. Over **280** women from rural, mountain communities received vital women's healthcare and education.



**Five** women identified at the health fair are now receiving important follow-up care after abnormal Pap smear findings.

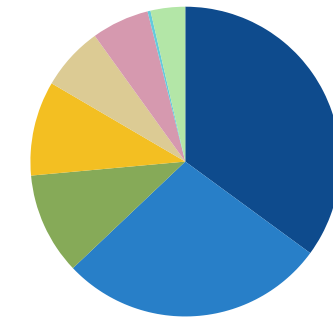
 **\$70,172**

of in-kind donations, including food, supplies, and medical equipment, was provided by partners in Honduras.

**44** Partnerships with Organizations in Honduras 

## Revenue

- Teams, \$427,897
- Individuals, \$340,040
- Grants, \$129,800
- Events, \$120,449
- Honduran Giving, \$81,090
- Churches & Community Groups, \$73,315
- Corporate, \$3,819
- Other, \$44,056



## Operating Expenses

- Programs, 81%
- Fundraising, 11%
- Administration, 8%

## A Partner You Can Trust

Our strong commitment to financial responsibility and accountability has earned Friends of Barnabas the highest level of transparency from Candid.

Platinum Transparency 2026  
Candid.

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## Beyond the Stats

Everyone likes to be a part of something that makes a difference, even if you cannot completely measure what a difference it makes. Such is the case with Friends of Barnabas. Sure, we can measure the number of team member volunteers in the last year (132), the number of community clinics (50), the amount of vitamins delivered (5,231), the patients served (5,636). We delight in sharing the facts of a truly transformative 2025 in our annual report.

But we cannot measure the joy of a parent who knows that their child will be medically secure, by whatever means it can, in all the ways it can, by an organization that more than anything else...cares. Friends of Barnabas will always, at its heart, be a foundation that cares. Look for many of the ways we care in these pages...we'd like that, and hope you do too. Thank you for caring with us.

-Kip Robinson, Board Chair



