



2022



**Friends of
Barnabas**

Annual Report



Erin H. Caldwell
President

Dear friends,
Thank you for your sustaining support over the last year. Your dedication to our work in Honduras has led to improved patient outcomes, empowerment of local leaders, and advancements in systemwide care within the Honduran healthcare system.

Over the last year, I have watched our staff and volunteers do the most incredible work. We celebrated not only the return of our Mountain Medical Teams to the mountain communities of Honduras but also a revamped system of providing care, which ensures the empowerment of community members and preventative health education.

Success over the past year would not have been possible without partnerships with our faithful donors, like you, along with patient parents, community members and leaders, medical providers, and the Honduran Ministry of Health. Together, we delivered services, reflected on our past, and made plans for the impact we hope to see in the future.

We found three simple words to shape our work ahead: Heal. Educate. Empower.

We look forward to your continued partnership on our journey, seeking to empower families in Honduras through healthcare and education. There is much work to do but we are ready!

Message from our Leadership



Ruth Marie Canahuati de Sabillón
Board Chair

Dear friends,
I want to express my heartfelt gratitude for your standing beside us this past year. Your presence has made a transformative difference in the lives of those we serve. The healing, education, and empowerment we have witnessed are a testament to the compassion and generosity found within our FOB family.

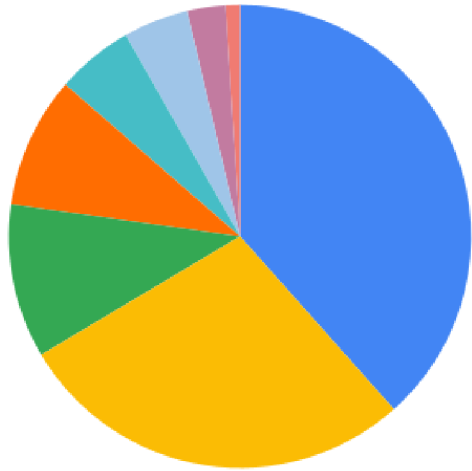
It is truly inspiring to see how individuals, moved by God's mercy, have chosen to volunteer their time, expertise, and resources to bring about positive change. Together, we have transformed entire communities, uplifted families, and empowered healthcare professionals in Honduras.

As a Honduran, I am filled with gratitude for our dedicated staff, both in Honduras and the US, who work tirelessly to fulfill our mission; and for the support of our benefactors, whose contributions have made our journey of healing, education, and empowerment possible.

May our collective efforts continue to shine as a beacon of hope and remind us of the lasting impact it brings to those who need it most. We encourage you to always be near our FOB family!

By the Numbers

Revenue



- Individuals, \$353,772
- Mountain Medical Teams, \$258,247
- Event, \$98,974
- Churches and Community Organizations, \$84,463
- Restricted Giving & Other Income, \$64,366
- Honduras Fundraising, \$41,930
- Grants, \$24,640
- Corporate, \$9,241

Operating Expenses



- Programming, \$806,471
- Fundraising, \$152,328
- Administrative, \$106,735



254

ACTIVE EXTENDED CARE PROGRAM (ECP) PATIENTS



43

NEW ECP PATIENT ADMISSIONS



57%

ECP PATIENTS REFERRED FROM LOCAL HOSPITALS & CLINICS



6,202

MEDICAL CONSULTATIONS



1,844

FAMILY WELL BAGS DISTRIBUTED



25

EDUCATIONAL TOPICS TAUGHT IN COMMUNITIES

Honduras is Calling...

Planning for the Future

Over the course of the year, FOB staff and board members worked through a strategic planning process allowing us to reflect on our work and begin to make plans for the future. New mission, vision, and goals were adopted and strategies, tactics, and measurables were also developed. Our new mission is to empower families in Honduras through healthcare and education. We envision a strengthened Honduran healthcare system, where all have access to quality care.

Rotary International Global Grant

Through a three-year \$136,000 Rotary International Global Grant, FOB's Neonatal Intensive Care Unit (NICU) training project and certification course will become a sustainable educational opportunity for those caring for neonates in Honduras. In partnership with the Rotary Club of Merendón in San Pedro Sula, Honduras and the Rotary Club of Farmville in Virginia, USA, the grant will allow for the training of instructors in Honduras, who will then continue teaching the curriculum in other hospitals throughout Honduras. In addition to the training sessions, the grant will provide funds for the purchase of much needed equipment, teaching materials, and follow-up support.

Reaching Optimum Weight

Annually, FOB's Extended Care Program (ECP) provides services to 250+ children, who face extensive medical challenges. An important part of the program is a nutrition-oriented education, which includes monthly information sent through WhatsApp, a nutrition coloring book, and one on one consultations. Additional food items such as lentils and milk products are also provided when needed. We are pleased to report that in 2022, the number of ECP patients below their optimal weight was 17%, down from 27% in 2021. We are excited that our efforts in this area have improved the health of our patients!



And I Must Go



Mountain Medical Teams Return

After nearly two years without teams on the ground, FOB's Mountain Medical Teams (MMTs) returned to Honduras. A schedule of ten MMTs served FOB's 30 partner communities, providing general medical, dental, and vision care services as well as fluoride, vitamins, and referral services. What a joy it is to have our teams on the ground and services being delivered to those with limited to no access to medical care.

Introducing Well Bags

Children and families in our 30 partner communities have little to no access to medications that many of us simply find in our home medicine cabinets or at the local drugstore. To empower our community members to take an active role in their own healthcare, FOB has begun to distribute FOB Well Bags in our partner communities. Well bags contain our most dispensed medications that will allow a family to treat a variety of common pains, cuts and scrapes, bug bites, and rashes as well as gastrointestinal issues.



COVID Vaccine Delivery & Education

In order to increase access to COVID vaccines in FOB's partner communities, we worked jointly with the Honduran Ministry of Health to transport their staff into areas with much need for vaccinations, but which were difficult to reach. Our FOB nurse educators also visited our partner communities to provide education on COVID prevention.





A Trusted Partner

Our 2022 strategic plan and continued commitment to its implementation has earned FOB the highest level of transparency from Candid (formerly known as Guidestar).

We have a strong commitment to financial responsibility, accountability, and transparency.



Platinum
Transparency
2023

Candid.

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