



Making the world a little better...one child at a time.

Friends of Barnabas' programs come directly out of our mission to help vulnerable children in Honduras. Improving a child's life must begin with good health. Improving a child's life for the long term must include strengthening that child's community, so that it may better support her.

FOB programs address many components of the Honduran health care system, from community based initiatives to system-wide endeavors.

All of Friends of Barnabas programs:

- *provide health care services to those without access at no cost to the families*
- *teach preventative health education to children, parents, and community members*
- *empower and improve the capacity of local healthcare providers*



Community Health Development and Mountain Medical Teams

Communities are chosen to participate in the Community Health Development Program based on criteria such as how far they are from a health care facility, lack of safe water, whether they are served by other aid organizations, and safe access. All communities must demonstrate a commitment to participate in health education and agree to a formal partnership.

Communities receive general health care twice a year, including general check-ups, vision and dental care, vitamin distribution, fluoride, anti-parasite treatments, and referrals to other FOB services. A FOB Mountain Medical team travels to Honduras at least monthly to deliver the general medical care to the communities. The teams are comprised of medical and non-medical volunteers and translators, and visit five of our community health partner villages during the mission week.

In exchange for medical treatment received, communities participate in health training and educational workshops on nutrition, reproductive health, hygiene, and malaria prevention. A health committee is established in each village to promote the program, and a health volunteer is identified, trained, and equipped to act in this role.



Our Mission

Friends of Barnabas is improving the lives of Honduran children through high quality sustainable medical care and enabling communities to become self-sufficient through health related training and education.

Founded

in 2000 by United Methodist pastor Rev. Linwood Cook, Friends of Barnabas is an ecumenical faith based 501 c 3 organization.

over **328,000**
patient encounters

nearly **35,000**
eyeglasses distributed

over **6,100**
dental patients

over **1,200**
life changing or life saving
surgeries

over **2,800** volunteers
sent to Honduras with
Friends of Barnabas

Program Fundamentals

Self reliance, not dependency

Sustainability

Education of parents

Empowerment of local
health care providers

Extended Care Program

The Extended Care Program was developed for children whose medical needs go beyond the care provided by the Community Health clinics. Children in the ECP receive case management services. Educational workshops are given for parents and caregivers of children with special health needs. Children and families receive home visits, transportation to appointments with specialists and hospitals throughout Honduras, medications, and treatments or surgery if needed.

The Barnabas House provides supportive pre-operative and post-operative care for children in FOB's surgical programs, including oral and maxillofacial and cardiac surgery patients. Our oral and maxillofacial surgical patients also receive speech and art therapy during their stay.



Surgical Programs

The Little Hearts Project is a comprehensive pediatric cardiac program created in partnership with local Honduran health providers. Little Hearts provides case management for patients with cardiac defects and diseases, including pre-op and post-operative care, and follow-up care for children from throughout Honduras.

The project provides extensive education and training for parents of children with cardiac defects. FOB is teaching, mentoring, and training Honduran medical professionals, has funded the education for the first pediatric cardiovascular surgeon in San Pedro Sula, and is collaboratively working with Honduran health providers and other health organizations and hospitals to establish a pediatric cardiac ward in Honduras.



How You Can Help

Learn More

If you are interested in learning more about our programs in Honduras and how you can get involved, please contact us. There are many ways to help!

804-744-5624
www.fobf.org
info@fobf.org

Go to Honduras

Friends of Barnabas sends up to 20 teams to Honduras each year. Health care professionals are welcome, but non-medical willing hands and hearts are needed as well.

If you are interested in participating in a volunteer mission team please let us know.

Donate

Donations to Friends of Barnabas are tax deductible to the fullest extent of the law. Your financial donations are most appreciated.

We also accept some in-kind donations. If you have a question about what or how to give to Friends of Barnabas, please contact Beth Yeakel at beth@fobf.org.