

FLUORIDE APPLICATION INSTRUCTIONS

- Fluoride treatments are made available for children 4-12 years of age.
- Wear gloves and mask during fluoride application process. Gloves can be cleaned in between patients with hand sanitizer.
- Take a 2 x 2 gauze and dry all the teeth (if possible).
- Open a single use fluoride and brush container and give the fluoride a stir.
- Have patient keep mouth open and scoop up fluoride onto the brush.
- Gently pull the lips back to be able to wipe the gel over all tooth surfaces on the upper and lower teeth especially the chewing surfaces.
- Tell patient not to eat or drink for 1 hour.
- Record fluoride application in the EMR.